

PATIENT INSTRUCTIONS

EZPEDO CROWNS

- Your child received a EZPEDO (all white) crown today. The crown is made out of zirconium oxide. It is 100% metal-free and it is certified biocompatible.
- Tooth structure was removed around the entire tooth, including the decay, in order to fit the crown over the tooth. The crown was then cemented on the tooth with a glass ionomer cement called KetacCEM. This cement does NOT contain methacrylate additives and as it bonds to the teeth it releases fluoride over a period of time. This fluoride release protects the underlying tooth structure.
- Your bite may feel slightly different due to the new crown. If it feels like you are only biting on the new crown and the other teeth don't touch, please contact us and we can adjust your bite.
- It is very normal for the gum around the crown to be tender for a day or two. Rinsing with warm salt water can aid in healing. As the gums heal they will appear to be pink, less swollen, and will bleed less when you floss.
- Slight discomfort, sensitivity and tenderness are possible after a tooth has had dental treatment, but if any of these persist for more than a day or two, please call the office. It is okay to use Tylenol or ibuprofen as needed for discomfort.
- It is crucial to carefully clean around the crown with a toothbrush and floss every day, just like you would a normal tooth. The crown extends just underneath the gums so it is very important to keep it clean. It is normal for the gums to bleed a little bit for the first 2 days after the crown. If bleeding persists longer than that, please contact us.
- Avoid sticky foods and chewing gum today.
- Avoid aggressive chewing: Do not chew ice or other hard objects. Avoid chewing very sticky foods such as "hard tack" candies (tootsie rolls, taffy, jolly ranchers, etc.) because they can damage or loosen the restoration.